



Iodine Global Network – Euthyroid – European Thyroid Association

Satellite Meeting

Harmonisation of Iodine Nutrition in Europe

Saturday 3rd Sept 2016

Scandic Hotel, Copenhagen



PROGRAMME

- 08.00 - 08.25 **Registration and Coffee**
- 08.25 - 08.30 Introduction - JH Lazarus (IGN Regional Coordinator)

SCIENTIFIC SYMPOSIUM

Chair: R Moreno-Reyes (Belgium), PP Smyth (Ireland)

- 08.30 - 08.50 **The EUthyroid project - progress to date**
Matthew Spencer (Austria)
- 08.50 - 09.10 **How we can cope with bias in iodine and thyroid research**
Henry Volzke (Germany)
- 09.10 - 09.30 **What do we need to evaluate IDD prevention?**
Ursula Rochau (Germany)
- 09.30 - 09.50 **What we can learn from birth cohorts**
Robin Peeters (The Netherlands)
- 09.50 - 10.30 ***Coffee /Tea and Posters***

Chair: JH Lazarus (UK), H Filipsson (Sweden)

- 10.30 - 10.50 **A model to secure a stable iodine concentration in milk**
Lisbeth Dahl (Norway)
- 10.50 - 11.10 **Dietary iodine and supplements. Is it all in the mix?**
Margaret Rayman (UK)
- 11.10 - 11.30 **How useful is serum Tg as a biomarker for iodine deficiency in non-pregnant and pregnant individuals?**
Michael Zimmermann (Switzerland)
- 11.30 - 11.50 **Hungary – the iodine story**
Endre Nagy (Hungary)
- 11.50 - 12.30 **Optimising iodine nutrition – a WHO perspective**
Joao Breda (WHO Denmark)
- 12.30 - 13.00 ***Lunch and close***

IODINE GLOBAL NETWORK

Regional Coordinator West and Central Europe: John Lazarus

Deputy Regional Coordinator: Paulo Vitti

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